MultiEnglish Year 6 - Book 3

Dreams and Surprises



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Her hakkı saklıdır ve Millî Eğitim Bakanlığına aittir. Kitabın metni, soruları ve görselleri kısmen de olsa hiçbir surette alınıp yayımlanamaz.

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DREAMS AND SURPRISES

I'm Hasan. I am twelve years old. I live in a farmhouse in the countryside near Ankara. I've got an extended family: my grandparents, parents, one brother, and one sister. When I was seven years old, we moved here. I have always enjoyed rural life since my childhood. There are some reasons, but the best is that it eliminates the stress of urban life.

My dad was an engineer at a company. My mum worked in a delivery office downtown. They both used public transportation every day. Because of the traffic jams, they were always exhausted from living a busy life.

The social and working life in the city is extensive and dynamic. Air pollution is a big problem because of the industrial areas and fumes. While some sustainable solutions

are being attempted, the capacity of the system is not sufficient to decrease the pollution. As citizens become aware of the problems of city life, they modify their daily routines to cope with them. City life is a part of modern civilisation, whereas it might not boost citizens' freedom.

In my opinion, there are facilities and diversity in urban areas, while rural areas are more spectacular and enjoyable. I have friends from both urban and rural areas. But we can enjoy ourselves freely and safely in our village. Everybody knows and trusts each other. I mean, a rural lifestyle is more sincere and funnier than an urban one.



My daily routine begins early with fresh air and feeding my domestic animals. Then I get ready for school. My favourite lessons are physical education and maths. I have liked all kinds of sports since my childhood. I am good at weightlifting. When I was about eight, my dad and my uncle were watching weightlifting matches in the World Championship. I never forget the spokesperson's enthusiasm and excitement. As I was impressed by it, I started to research the sport. I found out about a famous and successful sportsman, Naim Süleymanoğlu. After that day, I decided which sport I would do: weightlifting.

Luckily, my P.E teacher, Mr Uysal, is well-educated and experienced in weightlifting. He always supports and trains me and my friends who like weightlifting. Every day we do exercises and workouts in the school garden or the sports hall at school. There is a beautiful and narrow path through the forest. It smells of wildflowers and fresh air. Our favourite training is running a marathon there. Mr Uysal always reminds us of Mustafa Kemal Atatürk's saying: "A sound mind in a sound body."

We run a marathon after school. It is tiring but enjoyable. After training, Mustafa, Fatma, Ali, Ayşe, and I are talking about our plans.

Mustafa: Do you fancy a cup of coffee at a café after training?

Fatma: I can't go out today, I'm broke!

Ayşe: No matter! It's on me!

Fatma: Thanks a lot. It's on me next time.

Ayşe: OK. The walk to the school felt like a country mile today! What about you? Did you feel the same?

Ali: Yes, I did. I think I am tired because of the marathon we ran yesterday.

Hasan: Me too.

After training, we go to the café near the river in our village. There is only one here. The owners are my neighbours, Bekir and Meral. They are kind and hospitable. Meral is good at cooking. She also bakes nutritious and remarkable pastries. When we go there, we can't help ourselves and we eat too much. They change the menu daily.

We come close to the café.

Ali: Hmm! Meral must be preparing pizza.

Hasan: Yes, it smells yummy!

We arrive at the café and look at the menu:

Menu

Lasagna from Italian cuisine
Pizza from Italian cuisine
Croissants from French cuisine



We are lucky because they are our favourites. As Ayşe is interested in cooking, she asks Meral for the recipes. When someone enjoys her meals and asks for a recipe, Meral feels happy and never hesitates to share it. Ayşe asks about the lasagne recipe, and Meral shares it.

Meral: The ingredients are lasagne sheets, mince, onion, sweet pepper, spices, herbs, and cheese. You can add some other veg such as broccoli, chilli, courgette, and sweetcorn. After preparation, you need to bake it in the oven. You should try it!

Ayşe: Sure! It looks tasty. I can cook pasta from Italian cuisine. Pasta is my go-to recipe!

Meral: Yes, it must be practical for you to cook. To me, you should also add some olive oil to boost the flavour.

Fatma: I like eating more than cooking. But my granny is a good chef. She always says that the key to a good stew is slow cooking it for hours!

Mustafa: Cooking is my mum's bread and butter! My dad, my sister, and I are always the eaters, not the cooks.

Hasan: My dad generally whips up a quick salad for dinner. As he collects veg from the garden, it is always fresh and delicious.

Meral: Lucky you! I generally differentiate the flavours and the process more as I gain experience.

Ayşe: I truly admire that about you. That's why your meals and pastries taste unique and perfect.

Meral: Thank you very much, Ayşe. As you know, farmers here use organic methods in agriculture. They generally plant crops like corn, sunflowers, and wheat in the cornfield. They are against the use of genetically modified crops and pesticides. My meals and pastries are much more delicious and nutritious because we buy organic products.

Ayşe: Wow! That's amazing.

While we are having coffee after the great meal, we talk about our future plans and make some predictions about our lives.

Ali: I will be satisfied when I see my fans' support in the future. And I am going to attend a sports school after I finish lower secondary school.

Fatma : My favourite weightlifters are going to participate in a championship next month. I will watch them on TV in our garden. One day, I hope to participate in both junior and senior weightlifting championships just like them. Also, I will learn how a sportsperson has a balanced diet. I know that we should eat carbohydrates, minerals, protein, vitamins, dairy, grains and veg sufficiently.



Ayşe: I hope you will achieve your goals. I'd like to add that we should also be careful about problems such as eating disorders, obesity, and overconsumption nowadays. And I am going to study sports science at university in the future. I am curious about both sports physiology and kinesiology. What about you, Mustafa?

Mustafa: I will give you my eldest brother's book about sports science tomorrow. I am sure you will like it.

Ayşe: Really? Thank you very much, Mustafa.

Mustafa: You're welcome. I am going to establish a sports school in our village. Thanks to our P.E teacher, we get good education and training nowadays. I dream that there will be diverse sports such as football, volleyball, basketball, tennis, and others in my sports school.

Hasan: I can't believe my ears, Mustafa. I plan to do the same in the future. I will be with you on that day. I have had a chance to compare sports events in the city and rural areas. In the city, they are more dynamic and well organised thanks to sponsorships from big companies. There is a wealth of diversity in the leagues. On the other hand, in rural areas, the young generally organise sports events like competitions and tournaments. They are more regional and amusing. Villagers come together to support the teams and have fun.

Fatma: It doesn't matter whether sports events take place in the city or the countryside. The most important thing is to enjoy sports and unite people, isn't it?

Ayşe: Definitely! I think sports events are exciting and enthusiastic for both participants and spectators.

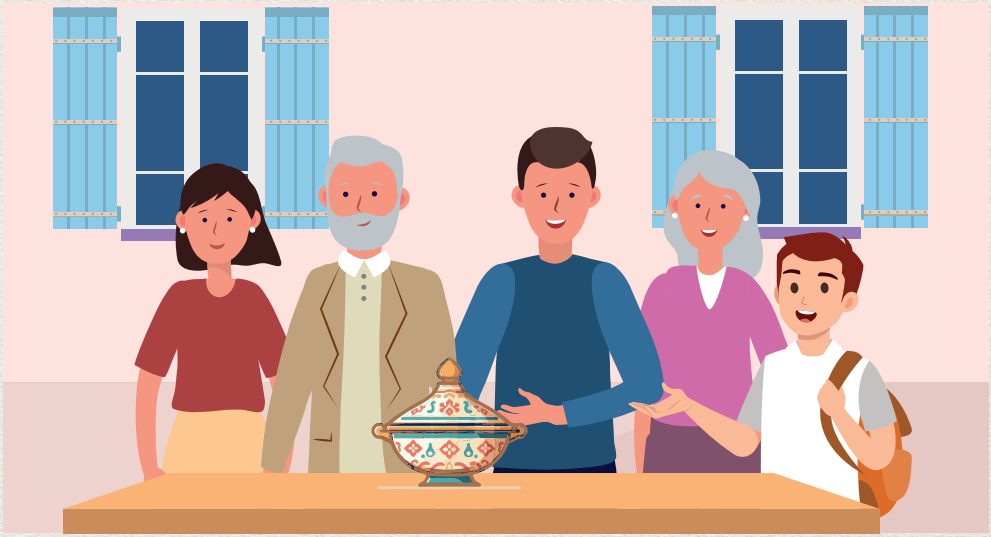
Ali: I agree with you.

We all come back home, and we are tired. When I arrive home, my grandparents and parents are talking about an object in my dad's hand. It is a kind of bowl and looks antique.

Hasan: Dad, what is it? Where did you find it?

Dad: I found it in the cornfield while I was working on it.

Hasan: We can take a photo of it and search for it on the internet to learn more.



Dad: OK. Let's do it then.

Hasan: In the past, it was an antique ceramic bowl used in the kitchen during the Great Seljuk Empire and the Ottoman Empire.

Grandad: Yes, I remember now. When we visited the Mevlana Museum in Konya, I saw one there. It was exhibited with other kitchen tools from those days. I was impressed by their designs and colours.

Grandma: That's right. I remember when you were talking about it. The museum and the kitchen part were amazing. I hope we will visit there again.

Mum: I hope so. I also remember we ate traditional meals of Konya, such as etli ekmek, okra soup, rice, and rice pudding.

Hasan: Mum, I haven't heard them before. Are they tasty? Can you describe them?

Mum: Sure. They are really tasty. Etli ekmek is a kind of long pizza with mince, onions, sweet peppers, and tomatoes on it. The okra soup is with meat and tomato sauce. It's a bit sour and juicy. Rice is with very well-cooked meat on top. Rice pudding is low-fat and creamy. My favourite was okra soup.

Hasan: Oh, that sounds interesting. Shall we search for its recipe on the internet?

Mum: Great idea!

Hasan:

Ingredients

100 grammes of dried small okra

300 grammes of meat

2 onions

2 spoonfuls of tomato paste

1 teaspoon of salt

3 spoonfuls of butter and olive oil

Hot water

The process:

First, chop the meat and put it in the pot with three spoonfuls of olive oil and butter to fry. After peeling and chopping onions, add them to it. Next, add two spoonfuls of tomato paste and one teaspoon of salt. Then, put the cleaned and boiled okras. Finally, pour hot water and cook it for half an hour. Serve it with lemon. Enjoy your meal!

Mum: Great! We must go to Konya and eat it again. Why don't we go there next weekend?

Dad: It's a good idea. The bowl points us that we should visit there. We must give it to the Konya Provincial Directorate of Culture and Tourism. It has an antique value, doesn't it?

Grandad: Sure. Then, it is obligatory for us to go to Konya.

Grandma: That's right. I enjoy tasting different local and international foods and learning their cooking styles.

Hasan: Have you ever tasted any of the different local and international foods, Granny?

Grandma: Yes. I have tasted a taco from Mexico and sweet and sour chicken from China. When we visited İstanbul two years ago, we had a chance to try different cuisines.

Hasan: Let me know which is your favourite! It must be the taco.

Grandma: I like it very much, but I can't decide. Both are my favourites.

Hasan: Can you cook tacos for me, Granny?

Grandma: Of course, honey. I have a condition.

Hasan: OK. What is it?

Grandma: You will help me look for the recipe on the internet. OK?

Hasan: Grannyyy! It's a piece of cake.

I search the recipe on the Internet. It can be cheesy, lean, dairy-free and with either chicken or meat. It has a big popularity in the world because of its diversity and flexibility in both ingredients and preparation. You may grill or fry meat or chicken.

Grandma and I cook tacos and have them together for supper. They are really yummy. I can't count how many portions I have eaten.



The next day, I leave home for school by bike. While I am cycling, birds are singing, fresh air is flowing to my face, and sheep are crossing the path. I enjoy my short but wonderful journey. I meet my friends during the break time and tell them about tacos and an antique bowl from the Seljuk period, nearly ten centuries ago. They get shocked and want to see it. They come over to my home after our training. When they see it and hear about our plan to go to Konya, they'd like to join our trip.

We all organise a trip to Konya and leave by car. First, we go to the Konya Provincial Directorate of Culture and Tourism to give the bowl. They are surprised and they appreciate us. They tell us that it is a valuable and perfect bowl, and they will conduct research on it and exhibit it. They offer us a Konya sightseeing tour. We get excited and accept it. They take us to Mevlana Museum first and then to Karatay Museum, Kelebekler Vadisi, Sille, and Çatalhöyük. They are all spectacular and amazing. We feel lucky and happy. After a long day, we get tired and hungry. So it's time to taste okra soup. It is delicious and nutritious. I also eat other local foods such as etli ekmek, kebab, and höşmerim.

The antique ceramic bowl enables us to have a great memory with my family and friends. I truly enjoy the surprises that life brings. What about you? Have you ever had a surprise like this?

Ten years later,

My friends and I achieve our goals through hard work and self-belief. Our dreams come true thanks to our effort, passion, and support from parents and teachers. I believe that success is a combination of believing in oneself and never giving up. We still remember our trip to Konya happily.

STORY MAP

Story Title : .....

CHARACTERS

MAIN CHARACTERS :

SIDE CHARACTERS :

SETTING

PLOT

BEGINNING :

MIDDLE :

END :

PROBLEM & RESOLUTION

MAIN MESSAGE

A. Answer the questions about the story.

1. What kind of family has Hasan got?
2. How is the social and working life in the city?
3. What are Hasan's favourite lessons?
4. Which sportsperson has Hasan found out about when he searches for weightlifting?
5. What are the ingredients in the lasagne recipe?
6. What do farmers use in agriculture?
7. What should a sportsperson eat in a balanced diet?
8. Where did Hasan's dad find the antique ceramic bowl?
9. What happened after his dad found the antique ceramic bowl?
10. What do Hasan and his friends do through hard work and self-belief?

B. Why did Hasan and his family move to the village? Choose the correct reasons.

Hasan and his family moved to the village. Because .....

- ☐ 1. they want to eliminate the stress of urban life.
- ☐ 2. they enjoyed the downtown lifestyle.
- ☐ 3. his dad and mum had a busy working life.
- ☐ 4. they watch the matches in the World Championship.
- ☐ 5. they were always exhausted from living a busy life.
- ☐ 6. air pollution is a big problem because of the industrial areas and fumes.

C. Match the future plans with the characters. There is an extra one.

1. Ali 2. Fatma 3. Ayşe 4. Mustafa 5. Hasan

..... a. to study sports science at university in the future
..... b. to move to an urban area
..... c. to attend a sports school after finishing the lower secondary school
..... d. to establish a sports school in the village
..... e. to plan on having a sports school like his friend's in the future
..... f. to participate in both junior and senior weightlifting championships one day

D. Write T (True) or F (False) next to the each sentence. Rewrite the false sentences with the correct information.

..... 1. There are facilities and diversity in urban areas.
.....

..... 2. An urban lifestyle is more sincere and funnier than rural lifestyle.
.....

..... 3. Hasan is well-educated and experienced in weightlifting.
.....

..... 4. Meral also bakes nutritious and remarkable pastries.
.....

..... 5. Okra soup is her go-to recipe!
.....

..... 6. Cooking is Mustafa's mum's bread and butter!
.....

..... 7. Hasan's dad generally whips up a quick meal for dinner.
.....

..... 8. Farmers are against to use of genetically modified crops and pesticides.
.....

E. Connect the two parts of the sentences using the following linking words: "while(x2), as (x2), whereas, when, because, so"

..... 1. some sustainable solutions are being attempted
..... 2. citizens become aware of the problems of city life
..... 3. it might not boost citizens' freedom
..... 4. rural areas are more spectacular and enjoyable
..... 5. someone enjoys her meals and asks for a recipe
..... 6. I gain experience
..... 7. we buy organic products
..... 8. it's time to taste okra soup

a. there are facilities and diversity in urban areas.
b. city life is a part of modern civilisation.
c. Meral feels happy and never hesitates to share it.
d. the capacity of the system is not sufficient to decrease the pollution.
e. after a long day, we get tired and hungry.
f . they modify their daily routines to cope with them.
g. my meals and pastries are much more delicious and nutritious.
h. I generally differentiate the flavours and the process more.

GLOSSARY

n: noun *v: verb* *adj: adjective* *adv: adverb*

agriculture (n) : *the science or practice of farming*
amusing (adj) : *funny and giving pleasure*
attempt (v) : *to make an effort or try to do somethingboost(v): to make something increase, or become better or more successful*
carbohydrate (n) : *a substance such as sugar that consists of carbon, hydrogen, and oxygen*
chilli (n) : *the small green or red fruit of a type of pepper*
chop (v) : *to cut something into pieces with a sharp tool such as a knife*
citizen (n) : *a person who has the legal right to belong to a particular country*
civilisation (n) : *a state of human society that is very developed and organised*
consumption (n) : *the act of using energy, food or materials; the amount used*
cornfield (n) : *a field in which corn is grown*
courgette (n) : *a long vegetable with dark green skin that is white inside*
crop (n) : *a plant that is grown in large quantities, especially as food*
cuisine (n) : *a style of cooking*
dairy-free (adj) : *containing no milk, cheese or other milk products*
dairy (n) : *milk, cheese and other milk products*
decrease (v) : *to become smaller in size, number, etc.*
delivery (n) : *the act of taking goods, letters, etc., to the people they have been sent to*
dietary (adj) : *connected with or contained in the food that you eat and drink regularly*
differentiate (v) : *to recognise or show that two things are not the same*
diversity (n) : *a range of many people or things that are very different from each other*
domestic (adj) : *of or inside a particular country; not foreign or international*
downtown (n) : *the centre of a city, especially its main business area*

eating disorder (n)*: a condition in which somebody develops unhealthy eating habits*

eliminate (v) *: to remove or get rid of something*

enthusiastic (adj)*: feeling a lot of excitement and interest about somebody/something*

extensive (adj) *: covering a large area; great in amount*

flavour (v) *: to add something to food or drink to give it more taste*

gain (v) *: to obtain or win something, especially something that you need or want*

genetically modified (adj)*: having had its genetic structure changed artificially*

herb (n) *: plant whose leaves, flowers or seeds are used to add taste to food*

industrial (adj) *: connected with industry*

juicy (adj) *: containing a lot of juice and good to eat*

junior (adj) *: having a low rank in an organisation or a profession*

lasagne (n) *: large, flat pieces of pasta*

lean (adj) *: without much fat; thin and fit*

low-fat (adj) *: containing only a small amount of fat*

modify (v) *: to change something slightly*

nowadays (adv) *: at the present time, in contrast with the past*

nutritious (adj) *: (of food) very good for you*

occupation (n) *: a job or profession*

pastry (n) *: a mixture of flour, fat and water or milk*

peel (v) *: to take the outer layer off fruit, vegetables, etc.*

pesticide (n) *: a chemical used for killing pests, especially insects*

process (n) *: a series of things that are done to achieve a particular result*

remarkable (adj) *: unusual or surprising in a way that causes people to take notice*

rural (adj) *: connected with or like the countryside*

satisfied (adj) *: pleased because you have achieved something*

senior (adj) *: high in rank or status*

sour (adj) *: having a taste like that of a lemon or of fruit that is not ready to eat*

spectacular (adj) *: very impressive*

spice (n) *: one of the various types of powder or seed that come from plants and are used in cooking*

spokesperson (n) *: a person who speaks for a group or an organisation*

spoonful (adj) *: the amount that a spoon can hold*

sufficient (adj) *: enough for a particular purpose; as much as you need*

sunflower (n) *: a very tall plant with large yellow flowers*

supper (n) *: the last meal of the day, either a main meal or a snack eaten before you go to bed*

sustainable (adj) *: involving the use of natural products and energy in a way that does not harm the environment*

sweet pepper (n) *: a hollow fruit, usually red, green or yellow, eaten as a vegetable*

sweetcorn (n) *: the yellow seeds of a type of maize plant*

urban (adj) *: connected with a town or city*

veg (n) *: a vegetable or vegetables*

wealth (n) *: a large amount of money, property, etc., that a person or country owns*

weightlifting (n) *: the sport or activity of lifting heavy weights*

wheat (n) *: a plant grown for its grain that is used to produce the flour for bread*

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ANSWER KEY

Scan the code for answer key.

VISUAL REFERENCES

Scan the code for visual references.